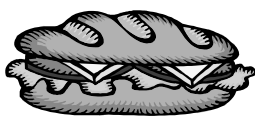


FIRST SOUTHERN CHRISTIAN SCHOOL



LUNCH MENU OCTOBER 2023



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|---|--|--|---|--|--|
| 1 | 2 Orange Chicken Steamed Rice Stir Fry Veggies Mandarin Oranges Salad | 3 Corndogs Tater Tots Pears Salad | 4 Chicken Enchiladas Spanish Rice Peaches Salad | 5 Penne Alfredo Garlic Bread Broccoli Fruit Cocktail Salad | 6 Pizza Pineapple Salad Ice Cream \$1.00 | 7 Purchase at least 3 meals on the same day for the same week: \$3.50 Single Meal \$4.00 |
| 8 | 9 Macaroni & Cheese Broccoli Pears Salad | 10 Picnic Lunch Grilled Hamburgers Chips Orange Wedges 100% Juice Box No Reheats | 11 Nacho Grande Refried Beans Fruit Cocktail Salad | 12 Pizza Mandarin Oranges Salad Ice Cream \$1.00 | 13 NO SCHOOL | 14 |
| 15 | 16 Quesadillas Refried Beans Pears Salad | 17 Chicken Nuggets French Fries Peaches Salad | 18 Pizza Fruit Cocktail Salad Ice Cream \$1.00 | 19 HALF DAY NO LUNCH SERVED | 20 NO LUNCH SERVED | 21 |
| 22 | 23 Chicken Tenders Corn Mandarin Oranges Salad | 24 Lasagna Garlic Bread Stir Fry Veggies Grapes Salad | 25 Grilled Cheese French Fries Peaches Salad | 26 Pizza Pears Salad Ice Cream \$1.00 | 27 HALF DAY NO LUNCH SERVED | 28 |
| 29 Charged meal (not paid in advance): \$5.00 (Emergency situations only) | 30 Spaghetti w/ Meatballs Garlic Bread Mixed Veggies Fruit Cocktail Salad | 31 Hot Dogs French Fries Grapes Salad | 1 Bread Chicken Sandwich Corn Pears Salad | 2 Pizza Peaches Salad Ice Cream \$1.00 | 3 NO SCHOOL | Lunch for the month <i>without</i> Ice Cream: \$70.00 Lunch for the month <i>with</i> Ice Cream: \$75.00 |

- Salad and milk are served with every meal
- Milk can also be purchased separately for 25 cents
- Pizza choices are cheese or pepperoni
- Water available at every meal
- Fruit cocktail contains peaches, pears, pineapple and cherries
- Stir fry veggies contains broccoli, green beans, yellow & red peppers, and wax beans
- Mixed veggies contains corn, peas, and carrots.